

# 2010 REGION V/ WJCAC

## Cross Country Championship Meet

South Plains College  
Levelland, TX

**Date:** SATURDAY, OCTOBER 30, 2010

**Starting Time:** Women's 5k 10:00 AM CST  
Men's 8k 10:45 AM CST

**Site:** Brashear Lake Park (Just north of SPC Track)  
(Start and finish at Noon Optimist baseball field  
College Blvd and Montana Av)

**Course:** Men 8k, Women 5k. Course is grass, sand/gravel running trails and dirt road. Course is flat and fast. Finish is on the track inside the stadium.

**Entry Deadline:** Due by 5:00 PM (CST) on Wednesday, October 27<sup>th</sup> 2010.  
All entries must be e-mailed to [bwiley@southplainscollege.edu](mailto:bwiley@southplainscollege.edu)

**Awards:** Individual – Top 10 runners  
Team – Champions Only

**Hotels:** \*Make sure to request the South Plains College Rate

Holiday Inn Express  
703 E State Road 114  
Levelland, TX 79336  
(806) 894-8555

Best Western South Plains Inn & Suites  
204 N College Ave  
Levelland, TX 79336-2615  
(806) 894-9155

**Contact:** Chris Beene – Head Coach  
806-716-2227  
[cbeene@southplainscollege.edu](mailto:cbeene@southplainscollege.edu)

Blaine Wiley – Associate Head Coach  
806-716-2621  
[bwiley@southplainscollege.edu](mailto:bwiley@southplainscollege.edu)